

Opt In to Text Message Reminders

Opting In

If your clinic enables appointment reminders via SMS/text message, you will need to opt in to receive those (you'll still receive email reminders). To receive text message reminders, first go to the Your Account page. Enter your mobile phone numbers in the Text Reminders box, then check your phone and follow the prompts to complete the setup process:

Text Reminders

To receive appointment reminders by text, please provide your mobile number. We will send you a verification code to confirm your number.

Enter Your Mobile Phone Number.

Cell Phone with Areacode

Save Number

Opting Out

To opt out of appointment reminders via SMS/text message, simply reply STOP to any of your appointment reminder text messages.

Opting back in after opting out

If you want to turn appointment reminders via SMS/text message back on after opting out, follow these steps:

1. Text the word **START** to +1 (272) 236-2766. This is the number you receive reminders from.
2. Reinitiate text reminders on the Your Account page, following the instructions for Opting In (above).

3. Confirm with the code sent to your phone.

Revision #3

Created Wed, Jul 3, 2024 11:14 PM by [Alexa Hulsey](#)

Updated Sat, May 31, 2025 1:32 PM by [Alexa Hulsey](#)